

Thanks to the D4K Scholarship Committee, I was able to receive a Lendon Gray Scholarship to participate in a clinic with Olivia Lagoy-Weltz, a very well-known and respected rider and trainer. The clinic was two days long and hosted by Vue de Lou Dressage and Alexa Derr.

I rode with Olivia a few times before this clinic, and I was very excited to work with her again. I rode my 13-year-old Thoroughbred mare, Hereford, who I am preparing to show 3rd Level with. On the first day, Olivia addressed some slight ways to fix my position to make me a more effective rider. One being adjusting the positioning of my left ankle to make it closer to the horse and easier to use, and two, just slightly repositioning my hand placement in order to make less drastic adjustments. On day two, Olivia was able to help me really get Hereford to lift her shoulders and keep her pushing through her back and over her topline. She also was able to help me get more solid angle in my shoulder-in and keep the activity in her canter.

Overall, I was very happy with how the clinic went. I had two great rides, and I was very happy to get the opportunity to ride with Olivia again!

