

My lesson with Lendon Gray on July 26th at Blue Ribbon Farms was very beneficial to my riding. I would like to thank Lendon Gray and everyone in the scholarship committee who gave me this wonderful opportunity.

Lendon Gray helped both me and my horse, as I was able to work more on my equitation which is not something I always do in my normal lessons. Lendon further helped me to help my horse to have a steady, forward rhythm in the trot.

Lendon Gray helped me focus on things that I did not even realize I was doing, or not doing in some cases. I now check in to make sure my leg doesn't creep up when I go to ask my horse, Applesauce, to go forward and that he has a steady bend. We also worked on having a forward walk. Lendon told me to use an alternating leg so that Applesauce would not jig, which is a never ending battle between us, but instead his legs would reach out more. This helped immensely and I already see improvement.

The most memorable phrase that Lendon told me was "When you ask him to trot, he should BURST from your leg."

I also recently completed a two day show at Old Field Farm in Long Island where I was able to test out some of the advice that Lendon had given me. I came back home with two very nice scores and in both tests Applesauce was much more forward and was able to bend much better than he had in the past! I was so excited when I saw Lendon's advice helping me in such a short amount of time. At the show I also competed in an equitation class where I was much more aware of my leg. I was happy that I was much more conscious about my leg and it made me feel taller and more in control of my horse. Thank you again to everyone who made this lesson with Lendon possible.

I had so much fun and look forward to having more great experiences like this one with Dressage4Kids!

Sincerely,
Cate Lambert