

Hello, I'm Amariah Glaude and I received the D4K scholarship in 2020 so I would be able to attend the Summer Intensive Training with Lendon Gray. I spent the whole month of August learning as much as possible and I made many new friends. The program was held at Pinelands Farm in Gray, Maine.

Throughout the course of the month, we had multiple guest speakers spend an hour speaking to us, such as Dr. Omar from Atlantic Equine Services, speaking to us about how to do daily evaluations on your horse. We also had the barn owner, Rick Lane, give two lectures on breeding and training young horses. Jennifer Mitchell came out a few times and did rider evaluations on everyone, it was amazing feeling just a few simple exercises helped my riding.

We had daily lessons, Sunday were the horses day off and Thursday we hacked them around. We had guest instructors Liz Austin and Hope Cooper teach for a day. I enjoyed watching the lessons both of them taught and Hope even ended up getting on my horse, Lacey. She was explaining how I needed to keep her straighter in all of our work, including working on her changes, which I was starting to teach her.

Along with riding everyday, we had fitness at the end of each day with Angie Morin. She made working out so much fun and on one of the really hot days, we ended up swimming. I am extremely thankful for everyone who made SIT possible in such a short amount of time. I learned so much and I am looking forward to attend more D4K programs in the future.