

Dear D4K,

Thank you so much for my scholarship. I learned so much. Here are some points that I learned from each lesson including my own. I'm going to be bullet-pointing them down at the bottom.

1. The first lesson that I watched was my mother's lesson or Maria's lesson. The two main facts I learned from her are, "Don't lock up, or else it will affect you and your horse". The other fact is, "Don't Fight with your horse."

2. The second lesson was Ann's. These are the two main things I learned. The first thing is to breathe so you're not get stressed out. The second thing is to sit back.

3. The third lesson was Ellissa. Here are the two main points I learned from her lesson. Look ahead and make sure your hands are soft. These are the two main things I learned.

4. This lesson was my sister Sofia's lesson. These are the two main parts of her lesson. The first part I loved from her lesson was to keep your hands even. The second part I loved from her lesson was bending to the inside.

5. This lesson was for Lily. The two main parts I loved from her lesson were staying calm and the other one was doing the one-two-three trick to help with AIDS.

6. The next lesson was with Claire. This is what I learned from her lesson. One Stay calm too and Do the one-two three tricks to help with AIDS.

7. This lesson was at Macy's. She also needed to use the one two three trick but she also was working on bending so she could get her legs still.

8. This lesson was Kyla's. The two parts I loved from this lesson was that we're sitting in the saddle and releasing pressure when the horse responds.

9. In my lesson I learned to stay calm and relax when riding. I learned to bend and use my outside reins when turning for better turns.

This is what I learned from the clinic. Thank you so much.

Viviana Selner