

# Tentative Schedule – Saturday

The Dining Hall, Giguere Hall, the music room, and merchandise sales will be in St. Margaret's Hall.  
Smith Cornerstone, 126, 130, 134, 135, 131, 128 are in Camp Hall.

☺ Lectures are geared towards our younger attendees, but are open to all.  
The Instructors Forum is only for Instructors and Trainers and those who wish to become Instructors.

Please respect our speakers who are all donating their time: turn off your cell phones.  
No video taping of the presentations please!

## 9:00 Registration opens and a light breakfast is available in the Dining Hall

10:00	☺ Opening Remarks	Smith Cornerstone
10:30-11:20	☺ Ali Brock – “Work Harder and Have a Luck Dragon” <i>From working student to Olympian – turning dreams into goals, and goals into achievable actions</i>	Smith Cornerstone
11:30-12:20	Instructors Forum – Ali Brock	Giguere Hall
	☺ Margaret Freeman – “New Dressage Tests: Intro & Training”	Smith Cornerstone
	Dr. Johanna Kremberg – “Gastric Ulcers & Gastroscopy” <i>Let's take a look inside the equine stomach. We will talk about why more than half of our equine athletes are affected by gastric ulcers. What are our options for diagnostics? What are our options for treatment? And most importantly, how can gastric ulcers be prevented?</i>	Room 126
	Colleen Akin – “Reining in Concussions: Signs and Symptoms” <i>(Remote video but live presentation) learn to recognize the signs and symptoms of concussion in order to know if the rider should continue riding, or seek medical attention.</i>	Room 130
	Hollie McNeil – “Training 911: Rescuing Training Issues with the Right Exercises” <i>Every rider faces training issues. Training 9-1-1 helps you deal with those issues by learning to match the right exercises with the training problem.</i>	Room 134
	☺ Liz Webb – “I want candy... but my pony... doesn't!” <i>This presentation will cover the many different feedstuffs available for equines. Information about feeding roughages, concentrates and supplements will be discussed and a hands on take away activity will be provided. Learn and be able to identify what's in your horse's daily ration!</i>	Room 135
	Eric Dobler – “Choosing a College”	Room 131
12:30-1:20	<b>Lunch is available in the Dining Hall from 12:30-2:30</b>	<b>Dining Hall</b>
	Instructors Forum – Beth Clarke - The New Tax Law & Business Issues for the Equine Industry	Giguere Hall
	☺ Margaret Freeman – “New Dressage Tests: Training & First”	Smith Cornerstone
	☺ Dr. Jenna Donaldson – “Help! Should I call the Vet? Equine First Aid” <i>If you spend enough time with horses, you will inevitably encounter an emergency. This seminar will cover how to identify common emergency situations, when you should call your vet, and what you should do while you are waiting.</i>	Room 130

# Tentative Schedule – Saturday Continued

- 12:30-1:20** Jon Nowinski – “To the Rescue! Preparing for Natural & Other Disasters” Room 134  
*When it comes to our horses we try our best to keep them safe, but there are many unpredictable situations – especially ones they get themselves in to – that can make that difficult. Knowing how to quickly and confidently respond to equine emergency can help provide a bit more comfort should you find yourself and your horse facing one of these. We’ll address some of the common, and not-so-common, scenarios that the EARS Equine Emergency Team has come across, and what to do to help prepare and prevent them from happening to you!”*
- ☺ Interviews with Lendon Gray – What Have You Always Wanted to Ask Her? Room 128  
(see sign-up sheet at Registration)
- 1:30-2:20** **Lunch is available in the Dining Hall from 12:30-2:30** **Dining Hall**
- Instructors Forum – Grab Lunch and Come Back to the Room Giguere Hall  
2:00 “What you need to know about the revised PoT”  
2:20 “Practical Training Assessment – “Oh Boy, How Do I Fix This?”
- Dr. Jane Rodd – “The More You Know, the More You Know You Don’t Know” Room 126  
*Join Jane to explore the topic of ‘Learning Styles’ and work out how to apply what you know to what you do. Make this theory work in practice so that you and your clients enjoy learning more, progress better, and achieve higher goals.*
- ☺ Liz Webb – “Hey, hey... HAY!” Room 135  
*Fiber should be the basis of any horse’s diet. This presentation will cover the criteria you need to know to do a visual evaluation of your hay. This hands on session will involve hay samples and a score sheet to use at WEP or back at the barn. A brief explanation of chemical analysis of hay will also be covered.*
- ☺ Lyla Andrick – “Cartooning and Caricature” Room 131  
*Learn how to draw your horse using simple geometric techniques, emotional expressions, and real life examples to create hilarious equine cartoons! The presentation included time to explore your own creativity and draw some cartoons yourself.*
- 2:30-3:20** Instructors Forum – Giguere Hall  
2:00 “What you need to know about the revised PoT”  
2:20 “Practical Training Assessment – “Oh Boy, How Do I Fix This?”
- ☺ Margaret Freeman – “New Dressage Tests: First & Second” Smith Cornerstone
- ☺ Carole Baker – Parasite Prevention Room 126
- Dr. Jenna Donaldson – “Acupuncture for Performance and Beyond” Room 130  
*Find out if acupuncture could be an option for your horse! This presentation will discuss the medical foundation of equine acupuncture, the process of an evaluation/treatment session, and several case studies.*
- ☺ Liz Caron – NAYC Room 134
- ☺ Liz Piacentini – “Pressure Proof Your Ride with Music” Room 135  
*Particular songs can inspire the energy and emotions we need to ride at our best. Discover how music motivation and other fun sport psychology techniques help riders sharpen focus, tackle show jitters, and boost confidence. Learn how the right lyrics can be developed into your own fun and effective pre-ride plan!*
- Anthony Congelosi – “Trailers: Finding the Right One and Maintaining It” Room 131  
*Figuring out the right trailer and how to maintain it is hard to do. Learn what works for you with some helpful hints from a trailer specialist!*
- ☺ Interviews with Lendon Gray – What Have You Always Wanted to Ask Her? Room 128  
(see sign-up sheet at Registration)

# Tentative Schedule – Saturday Continued

- 3:30-4:20 Instructors Forum – Practical Teaching Assessment – “Choosing Progressive Exercises for Rider Success” Giguere Hall
- ☺ Margaret Freeman – “New Dressage Tests: Second & Above” Smith Cornerstone
- Dr. Jane Rodd – “Why on earth did THAT happen...?” Room 126  
*The ability to honestly and accurately analyze why something happens (good or bad!) means we can react in a way that significantly increases our chance of repeating successes and avoiding future failures. Join Jane to learn more about how the 'Causal Attributions' we make impact how we feel and what we do.*
- Lori Vogel – “Equestrian Real Estate” Room 134  
*What you need to know before buying or selling an equestrian property? How do I find the best agent to represent my property?. How do I evaluate the land? What about zoning? Who offers financing for equestrian properties? What about moving out of state? Learn about our Equestrian specialist referral network.*
- ☺ Tessa & Kristine Holloran – “Lendon’s Youth Dressage Festival A-Z” Room 135  
*2018 marked the Hollorans 6th consecutive year to Saugerties, NY for the “big D4K” show. They’ll cover almost everything you could think of as a competitor or parent. From intro classes to FEI Juniors to the Handling class, awards, and overnight stabling. Helpful hints, what to pack, and what to know before you go. Get an overview of this competition which is now held in three locations annually and enjoy an informal interactive session with all questions encouraged.*
- ☺ Lyla Andrick – “Story Boarding & Character Creation” Room 131  
*Create an imaginative world with your own equine characters; learn how to find your own illustration styles to make each character’s shape and personality your own. Discover how to condense your imagination in a four-box cartoon strip...or maybe expand it into a graphic novel. This presentation allows you to draw your own characters and write your own cartoon strip.*
- ☺ Interviews with Lendon Gray – What Have You Always Wanted to Ask Her? Room 128  
(see sign-up sheet at Registration)
- 4:30-5:20 Roundtable Discussion for Trainers and Instructors Giguere Hall
- ☺ Margaret Freeman – “New Dressage Tests: Intro & Training” Smith Cornerstone
- Kerrie March – “To Be or Not to Be.. Working Student or Any Student of Riding” Room 126  
*How to be a great working student or any student of riding. What does it take to get the most out of your riding experiences. Learn tools that will help you progress and reach your goals.*
- Jamison Wallace – “Schooling Shows: Fun or Fundraising” Room 130  
*How to plan, manage, and run a schooling show for fun or profit. Step by step ideas to make your show a success.*
- Theron Simons – “Barn Maintenance: An Every Day Occurrence” Room 135
- ☺ Kristine Holloran – “Dressage Journey for Dummies” (for all) Room 131  
*OK, not really dummies, but there is a lot to get confused about in the riding world. This session will give you an overview of how a typical dressage journey may progress. From walk/trot, schooling shows, recognized shows, CDIs, and National Championships. And some ideas around how the training evolves (lessons, clinics, working student), support required, and the role D4K can play. Candid insights and advice that might help you minimize the learning curve and share realistic expectations.*

# Tentative Schedule – Sunday

The Dining Hall, Giguere Hall, the music room, and merchandise sales will be in St. Margaret's Hall.  
Smith Cornerstone, 126, 130, 134, 135, 131, 128 are in Camp Hall.

☺ Lectures are geared towards our younger attendees, but are open to all.

The USDF Region 8 Judges' Forum is in Giguere Hall from 7:30-3:30. The Judges' Forum is open ONLY to USEF Judges, USDF L Graduates, and USDF L Candidates.

Please respect our speakers who are all donating their time: turn off your cell phones.  
No video taping of the presentations please!

## 7:00 Registration opens and a light breakfast is available in the Dining Hall

7:30-3:30	Judges' Forum	Giguere Hall
8:00	☺ Opening Remarks	Smith Cornerstone
8:30-9:20	☺ Ali Brock – “Coaches, Horses, Owners & Sponsors – Making Good on What's Been Given (or not been given) to You”	Smith Cornerstone
9:30-10:20	Dr. Caroline McKinney – “Vaccinations” <i>A basic introduction to immunology, why and when we vaccinate, what's in a vaccine, and what we can expect to get from vaccinations. Additionally, Dr. McKinney will provide a brief overview of emerging and re-emerging equine infectious diseases and how to avoid them.</i>	Smith Cornerstone
	Lauren Fitzgerald – “Helping Horses Help People” <i>The presentation will focus on what a career in equine assisted activities consists of and ways for individuals to get involved in therapeutic riding.</i>	Room 130
	☺ Rachel Greene-Lowell – “Cross Training for the Dressage Horse” <i>Learn exercises that will help your dressage horse to become a strong and versatile athlete doing activities outside of the dressage arena, and maybe outside of your horse's and your own comfort zone. Help your horse with balance, strength and flexibility while changing up the routine of flatwork and having fun.</i>	Room 135
	Kristine Holloran – “Learning to Juggle” (geared towards parents) <i>Trying to keep balance in life while your child is trying to scale the training pyramid can be a challenge. How can they do it all? Riding, school, friends, and family. How can you do it all as a parent—especially when you wear the hat of driver, shipper, groom, show secretary, bank, cook, and more. And, what if your other children don't ride? Managing separate paths in one family is often paved with a few bumps. Sound familiar? You're not alone. Session will share personal experiences and some lessons learned while encouraging a group discussion.</i>	Room 131
	☺ Quiz Game: Test Your Knowledge	Room 128
10:30-11:20	Dr. Amanda Prisk – “Lameness Evaluation” <i>Lameness in equine athletes can be a challenging puzzle to solve, with a step-by-step, thorough evaluation and diagnostic imaging necessary to reach a diagnosis and guide treatment. This presentation will cover lameness evaluation from initial evaluation to using diagnostic tools to reach a diagnosis and guide treatment to bring each horse back to their full athletic potential.</i>	Smith Cornerstone
	Colleen Akin – “Return to Ride: Concussion Management & Protocol” <i>(Remote video but live presentation) - learn about the stages of recovery in concussion, how you can be proactive in your barn for concussion management and the protocols to returning to full activity specifically for the Equestrian athlete.</i>	Room 130

# Tentative Schedule – Sunday Continued

- 10:30-11:20 Jon Nowinski – “To the Rescue! Preparing for Natural & Other Disasters” Room 134  
*When it comes to our horses we try our best to keep them safe, but there are many unpredictable situations – especially ones they get themselves in to – that can make that difficult. Knowing how to quickly and confidently respond to equine emergency can help provide a bit more comfort should you find yourself and your horse facing one of these. We’ll address some of the common, and not-so-common, scenarios that the EARS Equine Emergency Team has come across, and what to do to help prepare and prevent them from happening to you!”*
- ☺ Deb Meek – “USEA Young Rider Program: A Rider & Parent’s Guide” Room 135
- ☺ Jamison Wallace – “Housing Horses – Design it Yourself” Room 131  
*Short power point presentation on the basics of equine housing needs, examples of barn design and "must have" elements. Then you get to draw your own 4 stall barn!*
- ☺ Quiz Game: Test Your Knowledge Room 128
- 11:30-12:20 **Lunch is available in the Dining Hall from 11:30-1:30** **Dining Hall**
- Ann Kennedy – “Clicker Training the Horse & Planning Your Ride” Room 126
- ☺ Tessa Holloran – “The Wonders of WIT” Room 130  
*Ever wonder about D4K’s Winter Intensive Training program? Two-time participant Tessa Holloran will give a first-hand overview of the program. It all takes place in Wellington, Florida and includes activities that many dressage riders could only dream about. Don’t miss this session if you’re curious about a day in the life of a “WiTee” and wonder if this program is right for you. Valuable information for both riders and parents.*
- ☺ Rachel Greene-Lowell – “What’s In Your Warm Up?” Room 135  
*Do you have a tried and true warm up routine before you head into the ring, or do you feel a bit scattered and unprepared when the whistle blows for your round? Let’s talk about how to physically and mentally prepare you and your horse to get the most out of your competitive performance.*
- ☺ Ival Kovner – “Drawing” Room 131  
*Come spend time exploring simple and effective ways to approach sketching and drawing horses with me. As a professional artist and instructor, I will provide all the materials and instruction - each of you will provide an enduring love of horses.*
- 12:30-1:20 **Lunch is available in the Dining Hall from 11:30-1:30** **Dining Hall**
- ☺ Brian Stuart – “Equine Dentistry” Smith Cornerstone  
*Brian has been floating teeth in the region for 35 years. He has cared for nearly every variety of horse at every level and type of competition. During that time he’s developed a unique perspective for what’s really necessary to care for a horse’s mouth. He’s also gathered a number of skulls and other specimens which he will bring along to discuss.*
- ☺ Katie Eagleston – “Keeping a Well Kept Barn” Room 126  
*Tips on how to keep your barn in tip-top condition and what to look for when searching for a place to board your horse.*
- ☺ Kirsten Gray – “Right Out of the Gate: A Guideline for Starting Your Riding Journey” Room 134
- Gwyneth McPherson – “Why Do We Do What We Do In Dressage?” Room 126  
*After a brief introduction of the history of the purpose of dressage, Gwyneth will discuss why we do the exercises we do in dressage training, and ask the attendees for participation in discussion of individual exercises.*

# Tentative Schedule – Sunday Continued

1:30-2:20	Liz Piacentini – “Pressure Proof Plans & Preparations” <i>Learn how to overcome the “what if’s” of worry through greater awareness of your thoughts, body language, breathing and routines. Create a personal pre-ride ritual to get in the zone of concentration and ride at your best – even if you experience a mistake.</i>	Smith Cornerstone
	Erin O’Neil – “How to Incorporate Cavaletti into Your Dressage Work” <i>We will be discussing the benefits of cavaletti work and how to incorporate them into your horse’s work to provide variety from their basic dressage training. Examples of exercises, of varying difficulty, will be presented. Open to riders of all levels and ages!</i>	Room 126
	☺ Nicole Pascariello – “Reading the Horse: Equine Behavior & Body Language” <i>Breaking down the nuances of equine behavior and body language, to gain a better understanding of the true meaning of many common equine behaviors during ground work and under saddle. A helpful guide to dealing with a wide variety of equine personalities including nervous or distrustful horses, and how to bridge the gaps in our human to equine communication.</i>	Room 130
	Theron Simons – “Making Your Pasture a Paradise”	Room 134
	☺ Jennifer Dillon – “Dressage Programs Geared Toward Youth Riders: USEF, USDF, & GMOs” – <i>Learn the alphabet soup of dressage organizations, what they can and can’t do for you, and how can you find out more about the educational and competitive programs available to dressage riders under the age of 25.</i>	Room 135
	☺ Ival Kovner – “Drawing” <i>Come spend time exploring simple and effective ways to approach sketching and drawing horses with me. As a professional artist and instructor, I will provide all the materials and instruction - each of you will provide an enduring love of horses.</i>	Room 131
	☺ Interviews with Lendon Gray – What Have You Always Wanted to Ask Her? (see sign-up sheet at Registration)	Room 128
	☺ Jamison Wallace – “Centered Riding On the Ground” <i>Experience the 4 Basics of Centered Riding: centering, building blocks, breathing and soft eyes leading to grounding and clear intent. Fun exercises help you become aware of your body’s affect on your horse’s movement.</i>	Music Room (lower level of St. Margaret’s Hall)
2:30-3:20	Lendon Gray – “Competing”	Smith Cornerstone
	☺ Katie Eagleston – “The Rules of Feeding” <i>Learn the important rules of feeding so you can keep your horse in top mental and physical condition for whatever work you are asking him to do.</i>	Room 130
	☺ Kate Wilson – “Saddle Fitting” <i>Learn about the interaction of the saddle and horse for a deeper understanding of saddle fit. Topics include horse shape, saddle construction and how they connect for comfort, security and stability for both horse and rider.</i>	Room 135
	☺ Jamison Wallace – “Centered Riding On the Ground” <i>Experience the 4 Basics of Centered Riding: centering, building blocks, breathing and soft eyes leading to grounding and clear intent. Fun exercises help you become aware of your body’s affect on your horse’s movement.</i>	Music Room (lower level of St. Margaret’s Hall)