

Dear D4K and Lendon Gray,

I want to thank you so much for giving me the opportunity to attend the SIT Dressage Training Program through the scholarship from July 1st – August 30th, 2025 at Hampton Green Farms in Fruitport, MI. It was such a wonderful experience, and I truly appreciate all the time and effort you put into making it so special.

During my time at SIT, I learned so much about both riding and horsemanship. One of the biggest lessons I took away was the importance of slowing down and being patient. My mind is always going a mile a minute, but this summer I really discovered how valuable it is to take my time. Because of that, I feel my riding has improved so much.

I also learned how to work better with others. Not only did we ride together, but we studied and trained as a team. I made amazing friends from all over the country, and it was so exciting to connect with people who share the same passion.

Another valuable lesson was the importance of tack care. My tack has never looked and felt so nice, and I'm continuing to keep up with it at home. It makes such a difference, and I'm proud of the habits I built this summer.

I also enjoyed the exercise portion of SIT, which included weight training and cardio. Running together as a group was challenging but also fun, and I noticed how much it helped my riding. I've even continued running at home because I can feel the difference it makes.

Overall, the experiences I had at SIT will stay with me for a lifetime. I can't wait to return next summer and continue working toward becoming not only a better rider, but also a better horse owner.

Thank you again to D4K and Lendon Gray for providing me with this scholarship and the lifelong experiences that came with it.

Viviana Selner